



Mother Teresa School Canteen Menu

Spring/Summer 2015

The Canteen operates Monday, Wednesday and Friday during school terms

unless otherwise notified.

To guarantee your choice is available for lunch, please pre-order online or at recess.

Limited items will be available over the counter at lunchtime.

TO PRE-ORDER ONLINE you will need to set up an online account

with our service provider [Canteen4schools](#). Follow the links from the MTS website.

Sandwiches (1 filling) **\$2.50**

All sandwiches are made on wholemeal bread

Extra fillings \$0.50 each

Vegemite	Egg
Chicken	Cheese
Ham	Tomato
Lettuce	Cucumber
Carrot	Capsicum

Salads

Garden Salad	\$3.80
(Lettuce, tomato, carrot, Cucumber, capsicum)	
Add Chicken	\$0.50
Ham	\$0.50
Cheese	\$0.50

Toasted sandwiches

Ham and cheese	\$3.50
Cheese and tomato	\$3.50
Cheese	\$3.00
Ham, cheese and tomato	\$4.00

Fresh fruit

Apples	\$1.00
Oranges	\$1.00
Watermelon	\$2.00
Fruit Salad	\$2.50

Wraps

Chicken, lettuce and mayo	\$4.00
Ham & salad	\$4.00
(Lettuce, tomato, carrot & cucumber)	
Chicken & salad	\$4.50
(Lettuce, tomato, carrot & cucumber)	
Cheese	\$4.00
(Hummus, carrot and lettuce)	

Drinks

Just juice (200ml)	\$1.50
(apple, apple & blackcurrant, orange)	
Water (600ml)	\$1.50
Milk – Plain (300ml)	\$1.50
Milk – Moove (300ml)	\$2.40
(Chocolate, Strawberry)	
Slushies (various flavours)	\$1.50

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All day hot food

Beef pie	\$4.00
Sausage roll	\$3.50
Spring rolls (ea)	\$0.60
Oriental Bites (ea)	\$0.60
Chicken Nuggets (ea)	\$0.80
Hot dog with sauce (Includes choice of Tomato, BBQ sauce)	\$3.50
Hot dog with cheese & sauce (Includes choice of Tomato, BBQ sauce)	\$3.80
Garlic bread (½)	\$0.50
Garlic bread (full)	\$1.00
Chicken burger (Includes lettuce & mayo)	\$4.20
Beef & cheese burger (Includes choice of Tomato, BBQ sauce)	\$4.00

Extras

Lunch bag	\$0.05
Fork/spoon	\$0.05
Sauce (tomato/BBQ)	\$0.30

Ice creams

Olaf Ice Cream	\$2.50
Frozen yogurt (Mango or Strawberry)	\$2.60
Paddle pop (Chocolate or Rainbow)	\$1.70
Quelch Fruit Tubes	\$0.80

Snacks

Sultanas	\$1.00
Jelly	\$1.00
Popcorn	\$1.00
Cookies (Anzac or Choc chip)	\$1.00
Raisin Toast	\$1.50
Banana Bread	\$2.50
Cheese & Crackers	\$2.00
Rocket cup (Carrot, capsicum and celery sticks with hummus)	\$1.50

Healthy choice system



If you have any suggestions for the MTS canteen or would like to volunteer some time please drop in and see Sue, all help would be appreciated and we look forward to serving healthy lunches to the students of MTS.